



VISAA D-1 BOYS & GIRLS BASKETBALL
 Shot-Clock Rules for 2026 State Championship Games

Shot Clock Length	30 seconds
Shot Clock Reset	<p><u>No reset:</u></p> <ul style="list-style-type: none"> ● Out-of-bounds by defense ● Timeouts ● Injuries ● Held ball retained by offense ● Double foul retained by offense <p><u>Full reset to 30:</u></p> <ul style="list-style-type: none"> ● Change of possession ● Defensive foul or violation with play to resume in backcourt ● Anytime ball hits rim and offense retains possession in backcourt <p><u>Reset to 20 or time remaining on shot clock, whichever is greater:</u></p> <ul style="list-style-type: none"> ● Defensive foul or violation with play to resume in frontcourt <p><u>Reset to 20:</u></p> <ul style="list-style-type: none"> ● Anytime ball hits rim and offense retains possession in frontcourt <p><u>Shot clock starts when:</u></p> <ul style="list-style-type: none"> ● Ball is touched inbounds on a throw-in ● Team controls changes ● A team secures control on jump ball or unsuccessful try
5-Second Closely Guarded	Holding only (frontcourt)
10-Second Count	<p>The 10-second backcourt count resets on all stoppages of the clock, <u>EXCEPT</u> when: (1) ball deflected out of bounds by the defense or (2) held ball to be retained by the offense</p> <p><u>Note:</u> A timeout by the offense resets the 10-second count</p>